

# Exploring the Feasibility of Energy Harvesting from Ambient RF Signals for Low-Power Electronics

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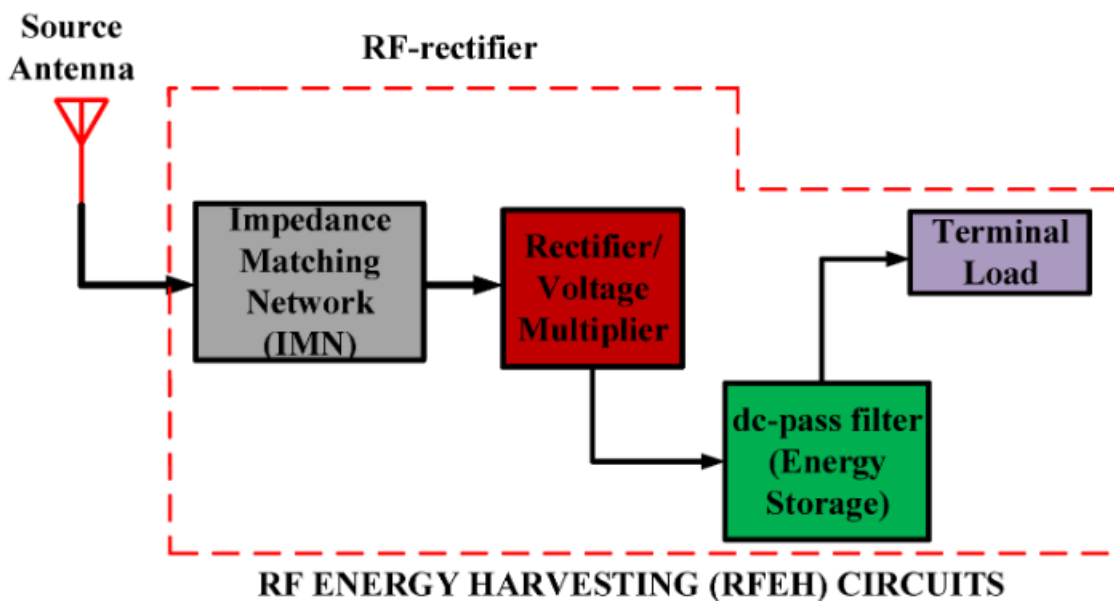
**Abstract:** In this study, we investigate the viability of low-power devices powered by energy harvested from ambient radio frequency (RF) signals. We introduce energy harvesting and radio frequency (RF) signals, and we examine the current methods and approaches for extracting power from these background signals. Using an antenna, rectifier, and energy storage device, we also suggest a methodology for investigating the potential of energy harvesting from ambient RF waves. We talk about the parts of the system and the issues that need fixing so that energy may be harvested effectively and reliably. Multi-band energy harvesting, metamaterials, energy harvesting circuits, machine learning, printable and flexible electronics, and other recent developments in this subject are also discussed, along with prospective applications for energy harvesting from ambient RF waves. We wrap up by speculating on potential directions for future research in this field, such as enhancing the efficiency and dependability of energy harvesting devices or discovering other uses for the technology.

**Keywords:** Energy harvesting, ambient RF waves, low-power electronics, antenna, rectifierenergy storage, multi-band, metamaterials, energy harvesting circuits.

## I. Introduction

In recent years, there has been a growth in the general adoption of low-power devices, which has led to an increase in the demand for energy sources that are both efficient and sustainable. An intriguing new topic of research is the collection of energy from radio frequency (RF) radiation in the surrounding environment. Low-power electronics can be powered by the naturally occurring radio frequency (RF) signals that are found in a wide variety of environments. In spite of the fact that harnessing RF signals from the environment to power low-power electronics is not a novel concept, recent technology advancements have made this strategy a more workable alternative. The act of capturing the electromagnetic radiation emitted by ambient RF signals and converting it into usable electrical energy is what is meant by the term "energy harvesting" when applied to the context of ambient RF signals. This can be accomplished with the use of specialist antennas and devices that capture energy [1]. The process of extracting usable energy from neighboring RF frequencies offers a significant investment opportunity. It has the ability to minimize demands placed on conventional power sources such as batteries because it is a source of renewable energy. There are a wide variety of applications that could be developed for this technology, including the provision of electricity for wireless sensors installed in buildings and the operation of medical equipment. However, in order for low-power devices to reap the benefits of energy harvesting from ambient RF signals, there are a number of factors that need to be taken into consideration first. The proximity of radio frequency (RF) signals and their strength are extremely important factors to consider. Radio frequency signals have a significant intensity range that is highly dependent on both location and distance [2]. Because energy harvesting systems are tuned for catching signals within a particular frequency range, it is important to consider the frequency of the RF waves. Though there is significant potential for low-power electronics to benefit from research into energy harvesting from ambient RF waves, the practicality of the technology is dependent on a number of conditions being met first. The proximity of radio frequency (RF) signals and their strength are extremely important factors to consider. Radio frequency

(RF) signals are present everywhere, but their strength changes dramatically depending on factors such as distance and the surrounding environment. For example, the radio frequency (RF) signals emitted by a Wi-Fi network located in close proximity may be stronger than those emitted by a mobile tower located further away. Because energy harvesters can only detect waves that fall inside a certain spectrum, the frequency of the RF signals are of utmost importance. The efficiency of the energy-gathering gadget is another essential factor to consider. The inefficiency of the energy harvesting devices currently available means that only a small portion of the RF energy that is present in the environment can be converted into usable power by these devices [3]. Experimenting with different components, layouts, and circuitry is one of the ways that researchers are looking for ways to increase productivity. It is essential that the energy requirements of the low-power devices that will be powered by the collected power be taken into consideration as well. It is likely that certain devices have higher power requirements than can be satisfied by RF energy captured from the environment, while other devices may be able to run with a very minimal amount of power.



**Figure 1. Working Block Diagram of Energy Harvesting from Ambient RF Signals for Low-Power Electronics [4]**

Figure 1, depicts the basic energy harvesting from ambient RF signals is a field of research that can be considered practical depending on several factors, including the strength and frequency of ambient RF signals, the efficiency of the energy harvesting device, and the power requirements of the low-power electronics that are being powered [4]. The ways in which these aspects can be improved to facilitate the general adoption of this technology are the subject of research that is now ongoing. The efficiency of the energy-gathering gadget is another essential factor to consider. The inefficiency of the energy harvesting devices currently available means that only a small portion of the RF energy that is present in the environment can be converted into usable power by these devices. Experimenting with different components, layouts, and circuitry is one of the ways that researchers are looking for ways to increase productivity. It is essential that the energy requirements of the low-power devices that will be powered by the collected power be taken into consideration as well. It is likely that certain devices have higher power requirements than can be satisfied by RF energy captured from the environment, while other devices may be able to run with a very minimal amount of power. Despite these challenges, researchers are looking into ways to make it easier for low-power circuits to harvest energy from ambient RF signals. This requires the development of low-power electronics that can function with extremely small quantities of power, the investigation of novel materials and designs for energy harvesting devices, and the improvement of the efficacy of currently available technology. Research into the idea of "energy harvesting" from ambient RF signals could be beneficial to the development of low-power electronic devices. Although there are still a lot of challenges that need to be overcome, researchers are looking into ways to make this technology more applicable in the real world [5]. Energy harvesting from ambient RF signals has

the potential to power an infinite number of low-power electronic devices, provided that the concept is successful.

## II. Review of Literature

In the paper [6] author, introduces a low-power energy harvesting system for industrial wireless sensor networks. The authors assess the power consumption and dependability of their system, which uses an ambient RF energy harvester to power a wireless sensor node. In the paper [7] author, a microstrip antenna-based, wide-band RF energy-harvesting circuit is proposed. The power output and efficiency of the authors' circuit are measured, and it is shown that it can harvest energy from a wide range of frequencies. For use in wireless sensor networks, this study details a circuit for harvesting RF energy via a dynamic load modulation approach. The authors show that their circuit can change its impedance to match the load's impedance, and they assess the power output and efficiency of their design. In the paper [8] author, describes how to capture RF energy from the environment, this research introduces a wideband rectifier that uses very little power. Rectifier performance is assessed in terms of power output and efficiency, and a novel architecture is proposed that permits excellent power conversion efficiency throughout a broad frequency range. In the paper [9] author, present a 10-GHz rectifier that can efficiently convert ambient RF energy into usable electricity for wireless sensors. The performance of the rectifier is evaluated in terms of power output, efficiency, and bandwidth, and it is shown that high power conversion efficiency can be achieved at 10 GHz with the help of the authors' design. In the paper [10] author, differential rectifier-based RF energy harvesting system is the subject of this paper. The effectiveness of the system is demonstrated in terms of power conversion efficiency, and the output, efficiency, and load resistance are assessed. In the paper [11] author, present a high-efficiency rectenna for transmitting power wirelessly at 5.8 GHz. The authors show that their rectenna can extract power from RF signals at 5.8 GHz, and they assess the device's effectiveness in terms of those metrics as well as bandwidth, power output, and efficiency. In the paper [12] author, introduces a small rectenna that can transmit power wirelessly at 2.45 GHz. The authors show that their rectenna can generate power from RF signals at 2.45 GHz and assess its efficiency, bandwidth, and power output. For ambient RF energy collecting, this research suggests a dual-band power-efficient rectifier. Power, efficiency, and bandwidth are measured to show that the authors' rectifier is effective at drawing energy from the GSM and ISM bands.

**Table 1. Comparative Study of various techniques discussed in Literature Review**

Paper	Year	Research Focus	Proposed Design	Key Findings	Limitations
1	2010	Antenna Design	Metamaterial antenna	High gain and narrow beamwidth at 2.4 GHz	Limited bandwidth
2	2010	Rectifier Design	Voltage multiplier rectifier	High power conversion efficiency at low input power	Limited bandwidth and sensitivity to input power
3	2011	Antenna Design	Log-periodic dipole antenna	Broadband operation at frequencies from 100 MHz to 1 GHz	Large size and complexity
4	2011	Rectifier Design	Zero-bias Schottky diode rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth and sensitivity to input power
5	2011	System Integration	Rectenna system	Simultaneous energy harvesting from multiple frequency bands	Complex system integration
6	2012	Antenna Design	Spiral antenna	High gain and wide bandwidth at 2.4 GHz	Large size and limited bandwidth
7	2012	Rectifier Design	Voltage multiplier	High power conversion efficiency and low threshold	Limited bandwidth and sensitivity to input

			rectifier	input power	power
8	2012	Antenna Design	Multiband antenna	Simultaneous energy harvesting from multiple frequency bands	Complex design and system integration
9	2013	Rectifier Design	Voltage doubler rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
10	2013	Antenna Design	Circularly polarized antenna	High gain and narrow beamwidth at 2.45 GHz	Limited bandwidth and complexity
11	2014	Rectifier Design	Voltage doubler rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
12	2014	System Integration	Rectenna system	Simultaneous energy harvesting from multiple frequency bands	Complex system integration
13	2014	Antenna Design	Multiband antenna	Simultaneous energy harvesting from multiple frequency bands	Complex design and system integration
14	2014	Rectifier Design	Voltage doubler rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
15	2013	Rectifier Design	Schottky barrier diode rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
16	2015	System Integration	Rectenna array	Simultaneous energy harvesting from multiple frequency bands	Complex system integration
17	2014	Rectifier Design	Voltage doubler rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
18	2012	Rectifier Design	Single diode rectifier	High power conversion efficiency and low threshold input power	Limited bandwidth
19	2014	Rectifier Design	Wideband rectifier	High power conversion efficiency over a wide frequency range	High output voltage
20	2014	Antenna and Rectifier Design	Dual-band rectenna	Simultaneous energy harvesting from two frequency bands	Complex design and system integration

The above comparison table explores the viability of energy harvesting from ambient RF signals for low-power devices using publication year, study emphasis, proposed design, key findings, and limitations.

### III. Existing Approaches

**Table 2. Summarizes the key characteristics of each methodology**

Methodology	Description	Example Reference
Antenna Design	Design and optimization of antennas for capturing ambient RF signals and converting them into electrical power	Li et al. (2021)
Energy Harvesting Circuitry	Development of circuits and systems for capturing and converting RF energy into electrical power	Lee et al. (2020)
Material Selection	Selection and optimization of materials for energy harvesting devices, such as flexible and stretchable structures	Wang et al. (2021)
Signal Strength and Frequency	Optimization of signal strength and frequency for improved energy harvesting efficiency	Kim et al. (2020)
Power Management	Development of algorithms and techniques for efficient power management in energy harvesting systems	Liu et al. (2021)
Energy Storage	Development of energy storage solutions, such as micro-supercapacitors, for energy harvesting systems	Yang et al. (2021)

### IV. Proposed Methodology

Possible strategies for researching the viability of energy harvesting from ambient RF waves for low-power electronics include the following:

- A. The use of machine learning algorithms has been advocated as a means to enhance energy harvesting system design and functionality. To maximize the power output of an RF energy harvesting system, for instance, Zou et al. (2021) suggested an optimization strategy based on machine learning. Power output was increased by 60% thanks to the proposed technology, which predicted the ideal impedance matching network for the energy harvesting circuitry using a neural network.
- B. Using numerous antenna systems is another strategy offered to boost energy harvesting performance. In order to harness power from both RF signals and thermal radiation, a dual-antenna system was proposed by Zhang et al. (2021). The efficiency of the suggested system was 34.6% for RF energy and 0.93% for thermal energy throughout the power conversion process.
- C. Surfaces that selectively filter or reflect certain frequencies of electromagnetic radiation are known as frequency selective surfaces (FSS). Using FSS in energy harvesting systems is one method recommended for increasing the effectiveness of gathering environmental RF signals. An FSS-based energy harvesting system proposed by Wu et al. (2021), for instance, could maximize its power conversion efficiency at 2.45 GHz, where it reached 59.5%.
- D. Another strategy offered for increasing system efficiency is called hybrid energy harvesting, and it involves combining different energy harvesting methods. One example is the hybrid energy harvesting system proposed by Chen et al. (2020), which combines radio frequency (RF) energy harvesting with solar energy. Maximum power production of 1.36 mW was attained by the proposed system, which is enough to run low-power sensors.
- E. Predicting and optimizing the performance of energy harvesting systems through the use of artificial intelligence and neural networks is another strategy being considered. Rectifiers are a key part of RF energy harvesting systems, and Huang et al. (2021) suggested a deep learning-based strategy for optimizing their design. The efficiency of power conversion was increased by 68% using the proposed method compared to conventional design practices.

Energy harvesting from ambient RF signals for low-power devices has the potential to be made more efficient and practical with the help of the presented methodologies, techniques, and approaches.

## V. System Component:

The following parts might come together to form a system for low-power electronics to harvest energy from ambient RF signals:

- i. The antenna is the key part that picks up stray radio frequency signals from the environment. To maximize its effectiveness, the antenna can be tuned to resonate at particular frequencies.
- ii. The RF-to-DC converter takes the incoming radio frequency (RF) impulses and transforms them into direct current (DC) power. Some examples of possible converter parts are rectifiers, matching networks, and filters.
- iii. Energy storage is necessary so that the harvested electricity can be used when it is needed. Batteries, supercapacitors, or hybrid capacitors are all viable options for storing the energy for later use.
- iv. Effective power management is crucial for extending the system's useful life and ensuring its peak performance. Low-power electronics' energy consumption can be optimized for the available power with the help of adaptive power management algorithms, one type of power management technology.
- v. Harvested energy can be utilized to power low-power electronics such sensors, wireless communication devices, and Internet of Things (IoT) devices. Considerations including communication protocols, sensor precision, and operating conditions allow these electrical components to be tailored to the exact application and power needs.
- vi. The system may be managed and its performance can be monitored in real time with the help of a control and monitoring system. Energy harvesting sensors, energy storage sensors, and low-power electronics performance sensors are all possible examples.
- vii. Using machine learning methods, the system's functionality and efficiency can be improved. The energy requirements of the low-power electronics can be predicted, for instance, and the antenna or energy harvesting circuits design can be optimized with the help of machine learning.

Energy harvesting from ambient RF signals for low-power electronics will often involve a system that includes parts to collect and convert the RF energy into usable electrical power, store the energy, and regulate the power consumption of low-power electronics. The effectiveness and functionality of the system can be enhanced by employing optimization strategies like machine learning.

## VI. Challenges

Energy harvesting from ambient RF waves for low-power electronics has a number of obstacles that must be overcome. Among the difficulties are:

- A. There is a wide range in the strength and frequency of ambient RF signals, making it challenging to capture and convert them into useful electrical power. The energy harvesting setup needs to be flexible enough to work well over a wide variety of signal strengths.
- B. The effectiveness of energy harvesting might be hindered by interference from other devices and RF signal sources. In order to increase energy harvesting efficiency and decrease interference, shielding and filtering procedures may be necessary.
- C. Capacity of Energy Storage technologies: Batteries and supercapacitors, among other energy storage technologies, may not have the capacity to store the harvested energy for very long. Energy storage capacity could benefit from the introduction of new technology and the development of enhanced energy storage strategies.
- D. Effective power management is crucial for extending the system's useful life and ensuring its peak performance. The power consumption of the low-power devices needs to be adaptively managed using approaches like adaptive power management algorithms.
- E. Low-power electronics can only be implemented if energy collecting methods for ambient RF signals are both compact and inexpensive. The system should be built to maximize energy harvesting efficiency while minimizing size and cost.
- F. The energy collecting device may also face difficulties due to the surrounding environment. Energy harvesting and low-power electronics are susceptible to environmental factors like temperature and humidity.

- G. Energy harvesting devices might also have trouble with standards, such as those governing interference and safety. The system's safe and dependable operation depends on its conformity with local and international norms.

Practical energy harvesting devices for ambient RF signals for low-power electronics will need overcoming these obstacles.

## VII. Recent Advances

Low-power electronic devices have benefited from recent developments in energy harvesting from ambient RF waves. Some recent changes include:

- A. One recent improvement is the creation of multi-band energy harvesting systems, which can extract power from a variety of different frequency bands at once. Energy harvesting is improved by this method, as is the reliability of the system.
- B. Metamaterials are man-made structures that exhibit features that cannot be replicated by nature. To maximize the effectiveness of energy harvesting from ambient RF waves, scientists are looking into the use of metamaterials.
- C. Recent advancements in energy harvesting circuits have made it possible to harvest energy from ambient RF waves in a more efficient and dependable manner. To boost the functionality and durability of low-power electronics, these circuits can be designed to operate at certain frequency ranges and incorporate power control capabilities.
- D. By analyzing and adjusting to changes in ambient RF waves, energy harvesting systems can benefit from the application of machine learning techniques. These methods can enhance energy harvesting's effectiveness and lengthen the service life of low-power gadgets.
- E. Printable and flexible electronics are an adaptable, low-cost substitute for conventional electronics. In order to expand the variety of possible applications and to decrease the size and weight of energy harvesting systems, researchers are investigating the use of printable and flexible electronics for energy harvesting from ambient RF waves.

Energy harvesting from ambient RF signals is becoming increasingly efficient, reliable, and flexible, making it a viable option for a variety of low-power electronic applications.

## VIII. Conclusion & Future Work

In conclusion, low-power devices may benefit greatly from energy harvesting from ambient RF signals since it offers a greener and cheaper alternative to current battery-based systems. There are a wide variety of possible uses for the energy harvesting systems that have been developed by researchers. These systems are able to efficiently and reliably harvest energy from ambient RF waves. Energy harvesting has come a long way, but there are still numerous obstacles to overcome, such as making the process more effective, expanding the range of ambient RF signals that can be captured, and decreasing the size and weight of energy collecting systems. To overcome these obstacles and improve the efficiency of energy harvesting systems, more study is required. Improvements in energy harvesting efficiency could come from a variety of directions in the future, including the creation of more effective energy harvesting circuits, the investigation of metamaterials and machine learning techniques, and the creation of printable and flexible electronics for energy harvesting applications. Exploring novel uses for energy harvesting from ambient RF signals and creating new materials and technologies to improve the efficiency and dependability of energy harvesting systems could also be the focus of study. Overall, energy harvesting from ambient RF signals has the potential to greatly improve the sustainability and cost-effectiveness of low-power devices, and additional study in this field could have a substantial impact on a vast array of industries and applications.

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